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The Cheerleaders Make a Return To Pink Ribbon

By: Lea Brown

The high school and junior high cheerleaders are preparing to return to the Pink Ribbon Cheer Classic this Sunday at Youngstown State University to help those who are struggling with, and have had, breast cancer.

The Pink Ribbon Cheer Classic is held on the last Sunday of October, and sponsored by the Zeta Tau Alpha sorority. Many local schools and organizations participate by fundraising, having pink games, hosting small events to raise money, and even donating things such as raffle baskets and food for the concession stand.

Our entire school participated this year by having a pink game last Friday, October 20th, in which we raised money through pink game t-shirt sales, collecting donations at the game, and also raffling off pink pumpkins.

The Pink Ribbon Cheer Classic was started in 2001, and McDonald has attended almost every year. Founder Kim Caputo James was originally a cheerleading coach at Liberty High School, but now owns Cheer Time Athletics.

She said, "I combined the two things I loved: my sorority and cheerleading to show my team that when you are in a sorority, part of it is having a philanthropy to support - ours is breast cancer." The first Pink Ribbon Cheer Classic only had 10 schools, and made \$3,600 in profit; now they have made over a million dollars.

The Zeta Tau Alpha Foundation receives the donations and dispenses the funds to organizations who make a request. Some national organizations they fund include Bright Pink, Making Strides Against Breast Cancer, and the NFL Crucial Catch. Locally, ZTA funds the Joanie Abdu Comprehensive Breast Care Center and the local chapter of the American Cancer Society.

(Continues on page 2)



The Varsity and JV Cheerleaders at the Pink Game Friday, October 20th

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IN THIS ISSUE

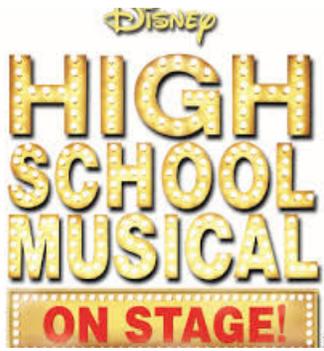
Pink Ribbon Cheer Classic	1
MHS Takes on High School Musical	2
A Memorable Impact	3
Making a Difference in a Child's Life Horoscopes of the Month	4
Fall Sports Round-Up Musician of the Week	5
People on the Street Outstanding Staff	6
Editorial The Devil Debate	7
Recipe Homecoming Fun Photos	8



Senior Captain Tori Lowe has attended the Pink Ribbon Cheer Classic for 10 years and said, “I love going to Pink Ribbon every year because I always have a great time. I enjoy watching other teams’ routines before competition season, and I think it’s great that we are also supporting a very worthy cause.” She is very excited to bring the competition team back for her senior year, and hopes that they continue to attend or at least donate in future years.



Competition team breaking before their performance, photo by Marcie Dean



MHS Takes on High School Musical

By Kara Meehan

From November 17th-19th at 6:30pm, MHS will be proudly presenting *High School Musical: On Stage!* The show stars Maddie Kutsch and Adyn Prentice as the lead roles of Gabriella Montez and Troy Bolton.

The play is about two high school teens who meet and fall in love, but have differences that pull them apart and similarities that eventually bring them together. Troy loves basketball and Gabriella loves science. They both love to sing, but have to make a big decision when all three events fall on the same night.

The drama club works hard at practice every Sunday from 1-8pm, but they also have tons of fun. Everyone loves to sing and perform with their friends and even goof off every now and then.

Lead Adyn Prentice loves the theater and said, “My favorite part of performing is that it makes me feel like a celebrity.”

Senior Isabelle Beres, playing the role of Sharpay Evans said, “I get nervous before the show, but when the play begins I’m excited and full of energy.”

All the hard work will pay off on opening night when the doors open for the entire community. Students will be able to catch a special matinee on Thursday, November 16th.



Left to right: Cole Wilson, Holly Stankewich, Isabelle Beres, Vic Wynyard, Lauren Johnson, and Hannah Alcantar practice a dance to “Bop to the Top”.



Left to right: Hannah Alcantar, Maddison Kutsch, and Abriella Gillespie practice their lines.

A Memorable Impact

By Emily Gilligan

The Memory Project, started in 2008 for Mrs. Mills's Independent Art students, is in its ninth year. Those who participate create portraits of children from poverty stricken countries including Ecuador, Thailand, Mexico, Sierra Leone, Ghana, Cambodia, India, Madagascar, Syria, Ukraine, Congo, and, currently, The Philippines.

Typically, the art students are given a month to complete the portraits and then send them back to the children. In return, the art students receive a video of these children saying thank you, smiling, and enjoying their artwork. The MHS students participating this year are Rachel Ward, Cole Wilson, Isabelle Beres, Holly Stankewich, Nick Helco, Allyson Jamison, and Emily Gilligan.

When asked about her favorite part of The Memory Project, Rachel Ward answered, "Definitely the video we get of the children receiving their projects. They are always super excited to get their picture and it means so much to them. I am glad that I have an opportunity to make an impact on the children I have drawn." This year's projects will be delivered to The Philippines in November.

The Memory Project was founded in 2004 by Ben Schumaker. At the time, he was studying psychology and social work at the University of Wisconsin and had recently volunteered in Guatemala working with disadvantaged children. He realized that these children had very few belongings to show who they were. This is when the idea of The Memory Project came to him.

The photos of the children that the students

receive include important parts of that child's identity- their name, their age, and their favorite color. When creating the portraits, art students try to create an exciting background using the child's favorite color as a reference. These students get to choose what medium to use, including acrylic or watercolor paints, colored pencils, graphite, or something else to make the artwork special.

When asked why she decided to get MHS involved in The Memory Project, Mrs. Mills replied, "When I heard about The Memory Project it was fairly new and the founder, Ben Schumaker, was running the whole organization from his home. Once reading about his mission to unite American student artists with children who are facing challenges such as poverty, war, and loss of parents, I knew we had to give it a try."

Look for the portraits in the main hallway in early November.



Nick Helco works on his Memory Project in class.

Making a Difference in a Child's Life

By: Rocco Pascarella

Big Brothers Big Sisters is a club where students in high school get to take the role of being a big brother or big sister to kids in elementary school. This club has been a part of McDonald for nine years and is still going strong. It's important because students who participate can do some real good in a child's life and leave a positive impact.

The club adviser for Big Brothers Big Sisters is Mrs. Mills who was a big sister for seven years and created a positive relationship in her little's life. She believes that students who join the club are able to make a difference and be part of an amazing organization.

Mrs. Mills said, "I'm so proud to have the Big Brothers Big Sisters organization in McDonald Schools. It is truly an amazing experience for all the students and myself."

One of the members I talked to was Tori Lowe, a senior who has been participating in Big Brothers Big Sisters for four years. One of the main reasons she got involved was that she was once a little and knows how much it meant to hang out with her big. One of her favorite things to do is to talk with her little about things they have in common. For instance, Zoey is a dancer and Tori is a cheerleader. Tori said, "I forgot what it was like to be a kid until I met Zoey."



The 2016-2017 Big Brothers Big Sisters organization at MHS. Photo Credit: Mrs. Mills

Tori also believes that it is a really good organization for kids since the club can impact the members and give them a better understanding about families that are different than them.

Students interested are welcome to join the club next year. There is no bigger reward than making a difference in a child's life. According to Mrs. Mills, The Big Brothers Big Sisters branch at MHS is the largest school-based program in Mahoning and Trumbull County.

Even though there are no physical rewards given, there are many personal rewards received through the relationship the big and little make. High school students should join this club and make a difference in a child's life.

Horoscopes of the Month for October

LEO

By Cerina Thorne

CANCER

You will be overwhelmed with a new form of happiness in your life. See what you want and take it.

Most of the good energy will come from the atmosphere of Fall. Good bye with the old and in with the new beginnings.

You will have a rough time with change and leaving old relationships behind for a better self. You will also change the way you present yourself to forge a new star.

You need to work on developing yourself into someone new to get away from your old issues.

Fall Sports Round-Up

By: Jessica Stamp

The McDonald Cross Country team participated in the Legends Invitational at the Trumbull County Fairgrounds on October 7. The Varsity and Junior High boys and girls had a good representation of runners.

The meet had over 200 runners for Junior High and over 400 runners for the Varsity. In a race, Junior High runners complete two miles and the High School runners about 3.1 miles. The Varsity Girls came in 1st place as a team and the Varsity boys came in 2nd place. The Junior High girls came in 17th place as a team and the boys came in 9th.

The Varsity squad had four girls and three boys make it to the top 25. The Junior High girls also had one make it to the top 25.

When asked how the race was for Junior High, Chole Dean said, "You're nervous when you start but towards the end of the race you sprint from all the excitement."

Varsity racer Tanner Matig said, "It's humid in the beginning and towards the end it's muddy."

The Junior High had one last race on their home course, the Billy Goat Challenge, on October 10th. It had 105 girl runners and 97 boy runners. The McDonald girls came in 4th place, while the boys earned 1st place. In the top 25, three from each team made it.

McDonald Fall Sports came to an end for the Tennis team with a winning record of 17-1. The top seven Varsity athletes went to tournaments. Doubles teams Hannah Donkers and Britney Smith as well as Lauren Cunningham and Caitlyne McMinn played the first round, but didn't move on. Single players Olivia Lovas, Abbie Matig, and Gillian Deak played the first round also, but only Matig was able to move on. She played her second round, but was stopped there.

The Golf team ended their season with low scores of 71, 2 74s, and an 82. They went into the sectional tournaments and came

in 5th. When asked about how his season went, Zavier Bokan said, "I was fortunate enough to shoot the best round of my life, which was enough to qualify for Districts." Bokan moved on to Districts and came in 15th.

Congratulations to all fall sports teams on successful seasons.



Senior Claire Hoffman running in the 3 mile race at the Legends Invitational.

Musician of the Week

by Cerina Thorne

Rylin Jividen

- **Plays the Bari Sax in Marching Band and Oboe in Concert Band**
- **She has played music as long as she could remember**
- **She wants to go to college to pursue a career as a Music Producer**



Picture taken by Emily Gilligan at an after school practice



People On The Street

By: Victoria Hall



If you could have a superpower what would it be?



Brandon Weiss
7th grade

My superpower would be speed because I like to run!



Kyleigh Sierra
Sophomore

My superpower would be flying because I could see everything.



Isabelle Beres
Senior

My superpower would be invisibility because I would always get into the movies for free!



Miss Street
Teacher

My superpower would be teleportation because I would never be late to work.

Outstanding Staff

By: Autumn Mason

Ms. Simpson is this issue's Outstanding Staff. She is well-known for teaching the creative cuisine, personal finance, and health classes. One of the first things Ms. Simpson will ask you is what kind of learner you are and then she tries her best to make her lessons inclusive and educate everyone. She is very good at getting to know students on a personal level and helping them understand more about themselves. I asked her the following questions to give you a little bit of an inside look:



1. How long have you been teaching?

I have worked in a variety of positions for several years, but have taught for about 12 years.

2. What's your favorite part of teaching?

My favorite part of teaching is getting to know the students, their passions, and dreams. I hope to inspire them to follow those dreams as an adult and to make wise decisions.

3. When did you know you wanted to be a teacher?

I was the little girl who always made my friends be the students so I could be the teacher. They were not always happy that I thought I should be the only one who could "teach"! I guess I always knew I wanted to teach, but it was not until my second year of college that I decided *what* I wanted to teach. I wanted to share life skills with students that they could use throughout their adult life.

4. Who inspires you?

The students and my two daughters inspire me...and the ocean!

5. What is one unique fact about you?

I'm not sure. I have completed a map with soil from all 50 states that I visited. I also worked in a lighthouse.



Editorial: Being Involved in Awareness for Breast Cancer

By Marisa Carusso

With the arrival of October, Breast Cancer Awareness becomes a major focus. Contributing to and raising awareness for this issue are both important and great things to do. I believe our school does a great job of this and often goes above and beyond.

Students can look forward to many events to participate in at the annual Pink Game. Merchandise, including t-shirts, bracelets, and stickers, are sold and the proceeds go towards breast cancer research. Also, the

cheerleaders raise money for the Pink Ribbon Cheer Competition.

The Pink Game is my favorite game of the season and important to me because it is one of the many causes that always needs more attention and more funding.

All of the breast cancer survivors from the village really appreciate everything our school does for the cause. I would love to see everyone do even more and continue participating in fighting for a cure.



TEAM WAFFLES

By: Kobie Baker

Every breakfast needs an arch nemesis, and mine is...the pancake. Do you really want to spend your morning eating a flat, bland, messy, want-to-be cake? Pancakes can be easily messed up, or unevenly cooked, while waffles can be cooked without much attention with a built in timer. Most waffles have a four-part imprint so they can be shared with friends. What's better than sharing your favorite breakfast item with your best friends? Who wants a soggy pancake, when you can have a crispy waffle with pockets full of syrup and butter to avoid spilling or dripping? It doesn't matter if the toppings spread well because you can just drizzle stuff on top instead of trying to make it perfectly spread. Waffles are so versatile because it's all about preference. For my last point, what's a better word: "pancake" or waffle?

THE DEVIL DEBATE

TEAM PANCAKES

By: Autumn Mason



Every breakfast needs an arch nemesis, and mine is...the waffle. Pancakes tend to have less calories than waffles, they are better tasting, and better for you. Some of my biggest arguments against the waffle include the following: You can control the size of the pancake. You can make little ones for your dog, or one big enough for you and your friends. You can also make fun shapes and designs like Mickey Mouse for kids. Waffles are meant to be crispier than pancakes and can sometimes hurt the roof of your mouth, but a smooth and soft pancake would never do that. For my last point, waffles have pockets and while that's great for the syrup and not spilling, it's terrible for spreads. People put in butter, peanut butter, and Nutella, but they get caught in the pockets. That would never happen with pancakes, which are flat and smooth.

NATIONAL FEED YOUR PETS DAY!

By: Kobie Baker

Since November 1st was National Feed Your Pets Day, I decided to make dog treats. The recipe I chose to follow was very simple and can be made by anybody.

- To make these yummy treats for your dog, you will need:
- 1/3 cup of coconut oil
- 1/3 cup of peanut butter
- 1/3 teaspoon of cinnamon
- Recipe found on GoldenBarrel.com

To start, you will melt down your oil and mix in the peanut butter and cinnamon. Then, you will pour your liquid into a silicone mold and freeze until hardened. After a few hours, pop them out and store them in your refrigerator to keep the shape.



Cinnamon is great for your dog's immune system and they love the taste of it. Peanut butter is a great protein source and heart-healthy, so they could eat it all day.

If you are lacking certain ingredients, you may have to substitute some for others. For instance, if you don't have peanut butter, I suggest using pumpkin puree because it is a great source of vitamins.

I chose to switch the coconut oil to vegetable oil, because I had no coconut oil. While they were still safe, coconut oil hardens when cold while vegetable oil does not. The treats hardened and were able to be popped out, but melted quickly. So, if I could change anything about my experience, I wouldn't have changed the oil type.

Enjoy making these delicious treats for your pet!

HOMEcoming FUN

By Marisa Carusso

